



Camp Altiplano

Health & Safety Policy

Part 1: Statement of intent

This is the Health & Safety policy statement of: Camp Altiplano

Our Health & Safety Policy is to:

- prevent accidents and cases of work-related ill health
- manage health and safety risks at our Ecosystem Restoration Community
- provide clear instructions and information, and adequate training, to ensure staff and earth restorers/volunteers are competent to do their work
- provide personal protective equipment to staff and earth restorers/volunteers
- consult with our staff and earth restorers/volunteers on matters affecting their health and safety
- provide and maintain a safe Ecosystem Restoration Community and equipment
- ensure safe handling and use of tools
- maintain safe and healthy working conditions
- implement emergency procedures, including evacuation in case of fire or other significant incident
- review and revise this policy regularly

Part 2: Responsibilities for Health & Safety

1. Overall and final responsibility for health and safety:

Silvia Quarta - Camp Altiplano coordinator

2. Day to day responsibility for ensuring that this policy is put into practice:

Silvia Quarta - Camp Altiplano coordinator

3. All employees and earth restorers/volunteers should:

- cooperate with supervisors and managers on health and safety matters;
- take reasonable care of their own health and safety;
and
- report all health and safety concerns to an appropriate person (as detailed above).

4. All participants are obliged to have basic health insurance for the duration of their stay in Spain that covers European health costs. Ask your insurer for details and apply for a European Health Insurance Card (EHIC).

It is recommended that all non Spanish participants have travel insurance that covers the duration of their stay in Spain.

It is recommended that all participants have liability insurance (WA) that covers the duration of their stay in Spain.

5. The project, farm and its staff cannot be held liable for any damages to participants, accommodation, materials, other people etc.

Part 3: Arrangements for health and safety

Risk assessment

- We will complete relevant risk assessments and take action.
- We will review risk assessments when working habits or conditions change.

Training

- We will give staff and earth restorers/volunteers a health and safety induction and provide appropriate training (including how to use tools, how to plant and how to avoid risks from wildlife).
- We will provide personal protective equipment.

Consultation

- We will consult staff routinely on health and safety matters as they arise and formally when we review health and safety.

Evacuation

- We will make sure escape routes are well signed and kept clear at all times.
- Evacuation plans are tested from time to time and updated if necessary.

Part 4: Health & Safety Rules

As we are in a rural area these safety rules need to be followed:

- When working in the field watch out for snakes. Make loud noises when lifting rocks to scare them off. When bitten by a snake immediately seek help and go to the hospital.
- Check for ticks regularly.
- Sunburn and dehydration are a big risk (we are at 1100m altitude) so always bring water and wear sun protection.
- When you see smoke, immediately let the coordinator or one of the workers on the farm know. Can't find them? Call the fire department.
- When working outside wear protection for your hands to prevent blisters.
- When going in nature on the weekends, watch out for hunters (there are a lot of them). Never visit the La Junquera mountains without permission.

Part 5: Local/external emergency services

General emergency number 112

Ambulance	112
Fire Brigade	112
Police	110
Site Clinic/Hospital	+34968709100
Doctor in Topares	+34663730670
Poison advice center	+34968709100